



# 2025

**April 10 – 13**  
**Hilton Columbus at Easton**

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[WWW.OOS2025.ORG](http://WWW.OOS2025.ORG)





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The Ohio Osteopathic Symposium is a collaboration between the Ohio Osteopathic Association and Ohio University Heritage College of Osteopathic Medicine and its Society of Alumni and Friends.



# Welcome to the 2025 Ohio Osteopathic Symposium

**W**e're excited to have you at this year's Symposium, the premier event in Ohio for osteopathic physicians, residents, and medical students. Over the next few days, you'll connect with hundreds of peers and dozens of exhibitors, hear from nationally recognized experts, and explore innovations shaping the future of osteopathic medicine.

This year's Symposium brings together hundreds of attendees and dozens of exhibitors for a unique opportunity to learn from nationally recognized experts, explore innovations in clinical practice, and engage with peers from across the profession. This year's conference promises to deliver cutting-edge education, practical tools, and innovative insights tailored to the diverse needs of the osteopathic community. We're excited to have you join us for a program designed to inform, connect, and inspire leaders in osteopathic medicine.

New in 2025, the event has been reimaged to create abundant opportunities for connection through curated networking events, peer discussions, and unstructured time designed to build meaningful professional relationships.

While you're here, be sure to take time to connect with the 20+ exhibitors and sponsors who will showcase the latest products, services, and innovative technologies designed to meet the unique needs of your practice and your patients.

Whether you're here to earn CME credits, reconnect with colleagues, or explore new clinical tools, we hope you find this event valuable and energizing.

Let's get started.

## FAQs

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### Where is registration located?

The registration area is located near the event space within the hotel. Look for signage when you arrive.

### When is registration open?

Thursday, April 10: 1:00 PM – 5:00 PM

Friday, April 11: 8:00 AM – 5:00 PM

Saturday, April 12: 8:00 AM – 12:00 PM

### What are the exhibit hours?

Exhibits are located in the hallway outside the main conference area.

Thursday, April 10:

3:00 PM – 5:00 PM (Early Exhibitor Hours)

Friday, April 11:

9:00 AM – 5:00 PM

Saturday, April 12:

9:00 AM – 5:00 PM

### Is the facility ADA compliant?

Yes. The hotel and meeting areas are fully ADA compliant.

If you need assistance or accommodations, please speak with the staff at the registration desk.

### Is WiFi available?

Complimentary WiFi is available throughout the conference facility.

Wi-Fi Credentials:

- Network: OOS Mobile
- Password: oos2025

### Is there a dress code?

Business casual is appropriate for all sessions and events.

For the Saturday session with Dr. Gautam J. Desai, DO, please wear comfortable clothing for the chair OMT session.

### Where can I find the full schedule?

The full agenda is included in this program. You can also view the schedule online at [www.oos2025.org](http://www.oos2025.org).

### Need help?

Stop by the registration desk or ask any event staff member wearing a Symposium badge.



# A Message from the OOA President



Welcome to the 2025 Ohio Osteopathic Symposium. It is an honor to gather with so many passionate, committed members of the osteopathic community—physicians, residents, medical students, exhibitors, and distinguished presenters from across the country.

This event reflects the strength of our profession and the momentum we continue to build together. Over the past year, the Ohio Osteopathic Association (OOA) has worked hard to advocate for osteopathic medicine, support emerging leaders, and strengthen our collective voice in Ohio's healthcare landscape. Seeing that energy come to life here—in packed lecture halls, busy exhibit spaces, and meaningful hallway conversations—is one of the highlights of my year.

As I wrap up my term as President, I want to thank each of you for being part of this work. It's been a privilege to serve during a time of progress and vision, and I look forward to officially passing the baton during this year's Symposium to Edward E. Hosbach II, DO. The future of osteopathic medicine in Ohio is bright, and it's because of your commitment, collaboration, and leadership.

I hope you will fully take advantage of the education, connections, and shared sense of purpose that define this event.

Enjoy the Symposium!

Sincerely,  
Douglas W. Harley, DO, FACP, FACP  
President, Ohio Osteopathic Association



# Earning CME Credit at the 2025 Symposium

The Ohio Osteopathic Foundation (OOF) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The OOF designates this activity for a maximum of 22.25 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

## AMA PRA Category 1 Credit™

This activity has been approved for *AMA PRA Category 1 Credits™*. The American Osteopathic Association designates this blended activity for a maximum of 22.50 AMA PRA Category 1 Credit™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

To receive your CME credit, please complete the following forms by May 12, 2025. Please note that the attestation form is the reporting document used to submit CME. Credit will only be given to physicians who complete their CME Attestation Form. Participants who complete the forms after May 12th will be provided a certificate to report their CME directly to the AOA.



You will receive a CME certificate verifying your credits via email within four weeks.



# Sponsors

## Mission Partners



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Osteopathic  
Medicine

OHIO ACOFP

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## Welcome Bag Sponsor





# Exhibitors

**360 Vascular Institute**

[www.360vascular.com](http://www.360vascular.com)

**AbsoluteCare**

[www.absolutecare.com](http://www.absolutecare.com)

**Alexion Pharmaceuticals, Inc.**

[www.alexion.com](http://www.alexion.com)

**Alexion AstraZeneca Rare Disease,  
Medical Affairs for the Company**

[www.alexion.com](http://www.alexion.com)

**Calliditas**

[www.calliditas.com](http://www.calliditas.com)

**Central Ohio Nutrition Center, Inc.**

[www.conci.com](http://www.conci.com)

**Cleveland Clinic Laboratories**

[www.clevelandcliniclabs.com](http://www.clevelandcliniclabs.com)

**Clinica Latina**

[www.clinicalatina.com](http://www.clinicalatina.com)

**Columbus CyberKnife**

[www.ccf.org](http://www.ccf.org)

**Dexcom**

[www.dexcom.com](http://www.dexcom.com)

**Flexible Footwear**

[www.flexiblefootwear.com](http://www.flexiblefootwear.com)

**Grifols**

[www.grifols.com](http://www.grifols.com)

**Matriderm**

[www.accesspromedical.com](http://www.accesspromedical.com)

**Novo Nordisk Inc.**

[www.novonordisk.com](http://www.novonordisk.com)

**Ohio Professionals Health Program**

[www.ohiophp.org](http://www.ohiophp.org)

**Ohio University Clinical & Translational Research Unit**

[www.ohio.edu/medicine/research/ctru](http://www.ohio.edu/medicine/research/ctru)

**OrthoNeuro**

[www.orthoneuro.com](http://www.orthoneuro.com)

**Southwoods Health**

[www.southwoodshealth.com](http://www.southwoodshealth.com)

**State Medical Board of Ohio**

[www.med.state.oh.us](http://www.med.state.oh.us)

**Xeris Pharmaceuticals, Inc.**

[www.xerispharma.com](http://www.xerispharma.com)

Exhibitor and sponsor listings are current as of March 31, 2025.



# BINGO

## Network Your Way to Great Prizes!

Visit exhibitor booths and collect stamps. Get at least 10 to be entered to win one of three prizes!

### Grand Prize

Free registration + 1 Hotel Night for OOS 2026

### Second Prize

\$250 Visa Gift Card

### Third Prize

\$150 Visa Gift Card

***Return completed cards to the registration desk in the main hallway to be entered to win.***



## Learn More About Our Presenters

Get full bios, credentials, and session details for every presenter at this year's Symposium.

**Quick. Easy. All in one place.**

Scan the QR code to explore the full lineup of presenters:



[www.oos2025.org](http://www.oos2025.org)



# Thursday April 10

Total Credits: 2.0 hours

CME  
CREDITS

1:00 PM – 5:00 PM  
EASTON FOYER B

**Registration Desk Open**

2:00 PM – 3:00 PM  
EASTON C, D, E

**OOF Board Meeting**

2:00 PM – 3:00 PM  
EASTON FOYER

**Optional Early Exhibitor Move-In**

3:00 PM – 5:00 PM  
EASTON FOYER

**Early Exhibitor Hours**

3:00 PM – 4:00 PM  
EASTON A & B

**Tick Topics in the 2020s** .....

Krista M. Duval, DO

1.0

4:15 PM – 5:15 PM  
EASTON C, D, E

**Integrating Behavioral Health into a Family Practice** .....

Michael E. Dietz, DO; Ciara Incorvati, Psy.D.; Michael Bruner, Psy.D.

1.0

5:30 PM – 6:30 PM  
EASTON FOYER

**Kickoff Reception**

6:30 PM

**Dinner on Your Own**

Enjoy the Easton Town Center restaurants!

9:00 PM – 11:00 PM  
FRANKLIN  
RECEPTION ROOM

**Hospitality**

Join Us for Fellowship and Fun

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# Friday April 11

Total Credits: 7.25 hours

CME  
CREDITS

|  |  |      |
|--|--|------|
| 8:00 AM – 5:00 PM<br>EASTON FOYER B              | <b>Registration Desk Open</b>  |      |
| 8:00 AM – 9:00 AM<br>EASTON FOYER                | <b>Breakfast for Attendees + Delegates</b>   |      |
| 8:00 AM – 9:00 AM<br>EASTON FOYER                | <b>Exhibitor Move-In</b>   |      |
| 9:00 AM – 5:00 PM<br>EASTON FOYER                | <b>Exhibitor Hours</b>   |      |
| 9:00 AM – 12:00 PM<br>EASTON C, D, E             | <b>OOA House of Delegates Meeting</b>  |      |
| 9:00 AM – 10:00 AM<br>EASTON A & B               | <b>Beyond Checking a Box: Developing Best Practices<br/>Around Screening for Social Determinants of Health</b> .....<br>Joy Walton, MD; Alexandra M. McKenna, DO | 1.0  |
| 10:00 AM – 11:00 AM<br>EASTON A & B              | <b>Unlocking the Mystery of Knee Pain</b> .....<br>Deepak Sudheendra, MD   | 1.0  |
| 11:00 AM – 12:00 PM<br>EASTON A & B              | <b>PAD vs Venous Disease: A Primer for the Trainee &amp; Young Attending</b> .....<br>Deepak Sudheendra, MD  | 1.0  |
| 12:00 PM – 12:15 PM                              | <b>Break</b>   |      |
| 12:15 PM – 1:30 PM<br>EASTON A & B               | <b>Executive Dean's Luncheon</b> .....<br>Featuring OU-HCOM Executive Dean Kenneth Johnson, DO   | 1.25 |
| 1:30 PM – 2:30 PM<br>EASTON A & B                | <b>Current Topics in Asthma</b> .....<br>Robert W. Hostoffer, DO   | 1.0  |
| 2:30 PM – 2:45 PM                                | <b>Break</b>   |      |
| 2:45 PM - 3:45 PM<br>EASTON A & B                | <b>Vitamin D Metabolism and AACCE Guidelines Update on Vitamin D</b> .....<br>John E. Paes, DO   | 1.0  |
| 3:45 PM - 4:45 PM<br>EASTON A & B                | <b>Current Topics in Perimenopause/Menopause</b> .....<br>Jennifer L. Pflehaar, DO; Paige S. Guitheil, DO  | 1.0  |
| 4:45 PM - 5:15 PM<br>EASTON A & B                | <b>Financial Well-Being for the Physician</b><br>Brandee Wyzlic; Shawn Phelps  |      |
| 5:15 PM - 6:30 PM<br>EASTON FOYER                | <b>Reception with RiverTree Financial</b>  |      |
| 6:30 PM  | <b>Dinner on Your Own</b><br>Enjoy the Easton Town Center restaurants!   |      |
| 9:00 PM – 11:00 PM<br>FRANKLIN<br>RECEPTION ROOM | <b>Hospitality</b><br>Join Us for Fellowship and Fun   |      |



# Saturday April 12

Total Credits: 10.25 hours

CME  
CREDITS

|                                      |   |      |
|--------------------------------------|---|------|
| 7:00 AM – 7:30 AM<br>REGENT BALLROOM | <b>Setup for Poster Competition</b>   |      |
| 7:00 AM – 8:00 AM<br>EASTON FOYER    | <b>Continental Breakfast</b>  |      |
| 7:30 AM – 9:45 AM<br>REGENT BALLROOM | <b>Research Exhibition &amp; Poster Competition</b>   |      |
| 8:00 AM - 9:30 AM<br>EASTON A & B    | <b>Ohio ACOFP Officer Installation + CME Lecture</b><br><b>Incoming ACOFP National President Gautam J. Desai, DO, FACOFP dist.</b> .....<br><i>Comfortable clothes recommended for this session.</i>  | 1.5  |
| 9:00 AM – 5:00 PM<br>EASTON FOYER    | <b>Exhibitor Hours</b>  |      |
| 9:30 AM - 9:45 AM                    | <b>Break</b>  |      |
| 9:45 AM - 11:15 AM<br>EASTON A & B   | <b>J.O. Watson, DO, Memorial Lecture:</b><br><b>Perspectives on Infections as Risk Factors for Alzheimer's Disease</b><br><b>Brian J. Balin, PhD, and Graciela Muniz-Terrera, PhD</b> .....<br><i>Sponsored by a grant from the Osteopathic Heritage Foundation</i>   | 1.5  |
| 11:15 AM - 12:00 PM<br>EASTON A & B  | <b>Emerging Osteopathic Research &amp; Poster Awards</b> .....  | 0.75 |
| 12:00 PM - 12:15 PM                  | <b>Break</b>  |      |
| 12:15 PM – 1:15 PM<br>EASTON A & B   | <b>OOA Lunch</b> .....<br>With AOA President Teresa A. Hubka, DO, FACOG, CS<br>and OOA Presidential Installation of Edward E. Hosbach, II, DO   | 1.0  |
| 1:15 PM - 3:15 PM<br>EASTON A & B    | <b>Physician Track</b> .....<br>• <b>Obesity: Considerations for Diet and Patients on Incretin Therapies</b><br>• <b>Metabolic Bariatric Surgery in the Era of GLP-1 Receptor Agonists</b><br>• <b>Continuous Glucose Monitoring</b><br>Susan M. Ratay, DO; Alyssa Ritchie, DO; Andrew S. Faiella, PharmD   | 2.0  |
| JUNIPER B & C                        | <b>Resident/Intern Track</b> .....<br>• <b>Basic Finance Tips for Early Career and Future DOs</b><br>• <b>Discussion Panel: Essential Leadership Skills for Your Future</b><br>Daniel M. Krajcik, DO; Kristen L. Oaks, DO; Sean M. Johnson, DO  | 2.0  |
| EASTON C, D, E                       | <b>Student Track</b><br>• <b>Thanks for the Feedback</b><br>• <b>Preparing for Residency</b><br>• <b>Finding Peace with Your Specialty Choice</b><br>• <b>Why Choose Osteopathic Recognition</b><br>Michelle B. Taylor, MD; Cassie N. Gray, DO;<br>Rupali Sharma, DO; Perry Lin, MD; Andrew P. Eilerman, DO |      |
| 3:15 PM - 3:30 PM                    | <b>Break</b>  |      |



# Saturday April 12 *continued*

CME  
CREDITS

|  |  |     |
|--|--|-----|
| 3:30 PM - 5:00 PM<br>EASTON A & B                | <b>OMT Chair Lecture .....</b><br><b>Shawn R. Kerger, DO</b><br><i>Comfortable clothes recommended for this session.</i> | 1.5 |
| 6:00 PM - 8:00 PM<br>EASTON A & B                | <b>Awards Ceremony</b>   |     |
| 8:00 PM - 10:00 PM<br>PINS MECHANICAL<br>COMPANY | <b>Young Professional Night Out in Easton (Students, Residents, Interns)</b>   |     |
| 8:30 PM – 11:00 PM<br>FRANKLIN<br>RECEPTION ROOM | <b>Hospitality</b><br>Join Us for Fellowship and Fun   |     |

# Sunday April 13

Total Credits: 3.0 hours

|                                    |  |     |
|------------------------------------|--|-----|
| 8:00 AM - 8:30 AM<br>EASTON FOYER  | <b>Attendee Breakfast</b>  |     |
| 8:30 AM - 9:30 AM<br>EASTON A & B  | <b>Dermatology Discussion .....</b><br><b>Shannon C. Trotter, DO</b> | 1.0 |
| 9:30 AM - 11:30 AM<br>EASTON A & B | <b>Ortho Neuro Discussion .....</b><br><b>Ortho Neuro Panel</b>      | 2.0 |



# J.O. Watson, DO, Memorial Lecture

**Brian Balin, PhD, Shares Groundbreaking Research  
on New Risk Factors and Treatments**

**SATURDAY, APRIL 12 • 9:45 AM – 11:15 AM • EASTON A & B**



Brian Balin, PhD

Brian J. Balin, PhD, Professor of the Department of Bio-Medical Sciences and the Osteopathic Heritage Foundation Endowed Chair for Aging Research in Honor of Ruth E. Purdy, DO, George O. Faerber, DO, and Peter E. Johnston, DO, at Philadelphia College of Osteopathic Medicine, will share his pioneering insights into the link between infections and Alzheimer's during the 2025 J.O. Watson, DO, Memorial Lecture at the Ohio Osteopathic Symposium April 12th at the Hilton Columbus at Easton.

Dr. Balin, a trailblazer in Alzheimer's research, will be joined by Graciela Muniz-Terrera, PhD, Professor of Social Medicine and the Osteopathic Heritage Foundation Ralph S. Licklider, DO, Endowed Professor in Health and Aging at the Ohio University Heritage College of Osteopathic Medicine, to present Perspectives on Infections as Risk Factors for Alzheimer's Disease.

Sponsored by the Osteopathic Heritage Foundation, the session examines how infections, neuroinflammation, and systemic health factors contribute to Alzheimer's progression. The presenters will also discuss the broader implications of these findings for early diagnosis, intervention, and treatment strategies—insights that could reshape how physicians approach Alzheimer's and other aging-related diseases.

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## Honoring the Legacy of J.O. Watson, DO

The J.O. Watson, DO, Memorial Lecture, presented annually at the Ohio Osteopathic Symposium, is among the most prestigious lectureships in osteopathic medicine. Named for James O. Watson, DO, a founding physician of Doctors Hospital (Columbus, Ohio) and tireless advocate for the profession, the lecture celebrates individuals whose work has profoundly impacted healthcare. This year, Drs. Brian Balin and Graciela Muniz-Terrera uphold this tradition, bridging cutting-edge Alzheimer's research with osteopathic principles to expand the frontiers of medical knowledge.



# Spotlight: Ohio Osteopathic Association

**T**he Ohio Osteopathic Association (OOA) is the professional home for Ohio DOs. A nonprofit organization, the OOA has represented and advocated for osteopathic physicians since 1898—working to advance the profession and protect its future while promoting public health across the state.

Today, the OOA represents Ohio's nearly 9,000 licensed DOs. OOA serves as a unifying voice for the profession, focused on legislative advocacy, leadership development, continuing medical education, and strategic partnerships that strengthen the role of DOs in every corner of the healthcare system.

In late 2024, OOA leadership and stakeholders came together to chart a long-term vision for the association and the profession. That process led to the formal adoption of updated mission and vision statements in February 2025—reflecting a renewed commitment to supporting DOs and osteopathic students across the state.

**Mission:** Supporting Ohio's osteopathic physicians and students through advocacy, collaboration, education, and research.

**Vision:** Optimizing patient health through the advancement of osteopathic medicine.

These updates underscore the OOA's evolving priorities in an increasingly complex healthcare landscape—reinforcing its leadership role in advocating for the profession, expanding access to osteopathic education and mentorship, and promoting the distinct, whole-person philosophy of osteopathic medicine.

Learn more about the benefits of membership and join today at [www.ohiodo.org](http://www.ohiodo.org).



# Spotlight: Ohio University Heritage College of Osteopathic Medicine

The Ohio University Heritage College of Osteopathic Medicine is a nationally recognized leader in the education of osteopathic primary care physicians. Created in 1975 to help alleviate the state's growing shortage of family physicians and to train doctors for chronically underserved areas, the Heritage College meets this mandate through the use of progressive curricula and a comprehensive clinical campus system throughout Ohio. Heritage College medical students begin their studies at one of three campuses, located in Athens, Dublin, and Cleveland.

**Mission:** Training osteopathic primary care physicians to serve Ohio.

**Vision:** A healthier Ohio, empowered by compassionate osteopathic physicians.

**Overarching Goal:** Our graduates are highly sought after and indispensable members of Ohio's health care teams.

Learn more at [www.ohio.edu/medicine](http://www.ohio.edu/medicine).



# Program Highlights

## Friday April 11

12:15 PM - 1:30 PM



Dean Kenneth H.  
Johnson, DO, FAAO

EASTON A & B

### **Executive Dean's Luncheon**

*Featuring Kenneth H. Johnson, DO, FAAO, Executive Dean, HCOM, and Chief Medical Affairs Officer, Ohio University.*

Don't miss this special luncheon featuring the latest news and insights from Ohio University Heritage College of Osteopathic Medicine.

## Saturday April 12

8:00 AM - 9:30 AM



Gautam J. Desai,  
DO, FACOFP dist.



Nicklaus J. Hess,  
DO, FACOFP

EASTON A & B

### **Ohio ACOFP President's Installation + CME Lecture**

*Featuring ACOFP President Gautam J. Desai, DO, FACOFP dist. and Ohio ACOFP Presidential Installation of Nicklaus J. Hess, DO, FACOFP.*

Join National ACOFP President Gautam J. Desai, DO, FACOFP dist., for an exclusive member morning event as he presents a specialized CME session, *Rapid OMT Techniques for Nontraditional Settings*. This event also marks the installation of Ohio ACOFP's new leadership, including incoming President Nicklaus J. Hess, DO, FACOFP. Celebrate the future of osteopathic family medicine with education, connection, and leadership.

12:15 PM - 1:15 PM



Teresa A. Hubka,  
DO, FACOG, CS



Edward E.  
Hosbach, II, DO

EASTON A & B

### **OOA Presidential Installation and AOA Update**

*Featuring AOA President Teresa A. Hubka, DO, FACOG, CS, and OOA Presidential Installation of Edward E. Hosbach, II, DO*

Saturday's luncheon event features AOA President Teresa A. Hubka, DO, FACOG, CS, who will update the American Osteopathic Association's latest initiatives and priorities. The program will also include the formal installation of Edward E. Hosbach II, DO, as the next president of the Ohio Osteopathic Association, marking a key moment of transition and leadership for the state's osteopathic community.



# With Gratitude

It takes a dedicated community to bring the Ohio Osteopathic Symposium to life.

From planning and promotion to on-site support, this event would not be possible without the time, energy, and expertise of our incredible, staff, consultants, and volunteers.

We extend our heartfelt thanks to each individual who contributed to making this year's Symposium a success. Your commitment strengthens our profession and helps create a meaningful experience for every attendee.

Cleveland Academy of Osteopathic Medicine

**Kristin Scott**

Osteopathic Heritage Foundation

**Cyndi Abdon**

Ohio University Heritage College of Osteopathic Medicine

**Yumi Choe**

**Rachael Crouch**

**PJ Murphy**

Ohio Osteopathic Association

**Heidi Weber**

**Olivia Johnson**

**Kristine Dugan**

**Paula Yoho**

**Rachel Chilton**

**Teri Collins**

Distinct Event Planning

**Lucretia Williams**

**AJ Jones**



# OHIO OSTEOPATHIC SYMPOSIUM

*Convene. Learn. Lead.*

# SAVE THE DATE!

April 16-19, 2026 ➯ Columbus

[www.OOS2026.org](http://www.OOS2026.org)

## REGISTRATION OPENS IN DECEMBER

**Use the code **EARLY26** to save \$25  
on OOS 2026 registration!**



## Notes



[WWW.OOS2025.ORG](http://WWW.OOS2025.ORG)