

Psychiatry

#3

Virtual Boot Camp



DESIGNED FOR RESIDENT/FELLOW MEMBERS AND MEDICAL STUDENTS INTERESTED IN PSYCHIATRY

WHAT

OPPA's exclusive Psychiatry Virtual Boot Camp #2 is designed for all residents, fellows and medical students to serve as a refresher addressing several common, easily confused topics. This is just one of many OPPA member benefits.

TOPICS TO BE COVERED

Mood Moves: Lifestyle Hacks to Lift Depression

Andrew Correll, MD, Wright State University

This talk explores evidence-based lifestyle interventions - covering exercise, nutrition, sleep, and social connection - that can help boost mood and improve mental well-being. Learn how small, sustainable changes can make a big impact on managing depression.

Opioid Withdrawal 101: How to Recognize and Management It

Dimitri Fiani, MD, Cleveland Clinic

Learn the basics of diagnosing and managing opioid withdrawal in an inpatient setting - from symptom recognition to management using tapers and buprenorphine induction. This talk will hopefully make these situations easier for you and your patients!

An Electrifying Guide to ECT

Dominique Cox, MD, Summa

Explore the intricacies of electroconvulsive therapy - indications, proposed mechanism, step-by-step procedures, duration of treatment - so you're not shocked when you do your first treatment!

WHEN

Feb. 20, 2025

6 - 7 pm

Virtually, via Zoom

REGISTRATION

This webinar is free to OPPA members, however, advance registration is required. If you are not currently a member, please email us at: oppa@oppa.org

