

Buckeye Osteopathic Physician

The Quarterly Publication of
The Ohio Osteopathic Association
Summer 2013

2013 SYMPOSIUM REVIEW

A Focus on Advancing
Patient Health





REPUTATION INSURANCE

A New Way of Looking at Malpractice Protection.



Who would you
be without your
reputation?

When you protect your reputation,
you protect your livelihood.

Switch to **Reputation Insurance**
from PSIC: It's a whole new way to
look at malpractice protection.

For more information, call
1-800-788-8540 or visit
www.psicinsurance.com.

Malpractice insurance is underwritten by Professional Solutions Insurance Company.
14001 University Avenue | Clive, Iowa 50325-8258 ©2012 PSIC NFL 9459

 **PSIC** | Professional Solutions
INSURANCE COMPANY

Buckeye Osteopathic Physician

The Quarterly Publication of the Ohio Osteopathic Association
Summer 2013 • Volume 83 • Number 1 • USPS 068-760

OOA Officers

President

Robert L. Hunter, DO

President-Elect

Paul T. Scheatzle, DO

Vice President

Robert W. Hostoffer, Jr., DO

Treasurer

Geraldine N. Urse, DO

Immediate Past President

John F. Ramey, DO

Executive Director

Jon F. Wills

Trustees

District One • Toledo

Robert J. Guibord, DO

District Two • Lima

Wayne A. Feister, DO

District Three • Dayton

Jennifer J. Hauler, DO

District Four • Cincinnati

Sean D. Stiltner, DO

District Five • Sandusky

Gilbert S. Bucholz, DO

District Six • Columbus

Henry L. Wehrum, DO

District Seven • Cleveland

John J. Wolf, DO

District Eight • Akron/Canton

Charles D. Milligan, DO

District Nine • Marietta

William A. Cline, DO

District Ten • Youngstown/ Warren

John C. Baker, DO

Resident Representative

Molly E. Malone-Pringle, DO

OU-HCOM Student Council

President

Austin T. Moore, OMS II

OOA Staff

Director of Accounting and Membership

Joanne H. Barnhart

Director of Communications

Cheryl Markino

Administrative Assistant

Carol C. Tatman

Buckeye Osteopathic Physician Magazine

Buckeye Osteopathic Physician (08983070) is published quarterly for the Ohio Osteopathic Association, 53 West Third Avenue, Columbus, Ohio 43201. Telephone 614-299-2107; Fax 614-294-0457; www.ooanet.org. Subscription price for non-members is \$25 per year. Periodicals postage paid at Columbus, Ohio. Send address changes to Buckeye Osteopathic Physician, PO Box 8130, Columbus, Ohio 43201.

Editor: Cheryl Markino

William Goddard
Account Executive

For advertising information,
call 614-461-7601

Advertisers in this Issue

Doctors Company

Medical Opportunities in Ohio

Ohio Association of Community
Health Centers

Professional Solutions
Insurance Company

Contents

Symposium Review	2
President Hunter	16
<i>Robert L. Hunter, DO, takes office during Symposium</i>	
House of Delegates	17
Concussion Confusion	18
<i>State legislation and progression protocol aim at clearing misunderstandings</i>	
Ohio DOs in the News	21

On the Cover: Symposium photos by John Sattler. Top and clockwise: Tyree M.S. Winters, DO, of Columbus; State Rep. Terry A. Johnson, DO, of McDermott; Keynote Speaker JD Polk, DO; and Stevan A. Walkowski, DO.



A capacity audience hears the Sunday morning lectures about Addiction Medicine.



Treatment of Opioid Addicted Patients

- Assessment
- Detox
- Stabilization
- Discharge Planning/referral



*Medical Homes,
Concussion,
Veterans' Medicine,
Transgender Patients:*

2013 Ohio Osteopathic Symposium

Pressing Health Issues

BY JAN O'DANIEL
PHOTOS BY JOHN SATTLER

OOA Past President Barbara A. Bennett, DO, presents a gift on behalf of the Dayton Academy of Osteopathic Medicine to Robert L. Hunter, DO, the OOA's newly-installed president, as Symposium Co-Chair Paul T. Scheatzle, DO, looks on.



L leading the Transformation of Primary Care. The theme of the 2013 Symposium, a fourth-year collaboration between the Ohio Osteopathic Association (OOA) and Ohio University Heritage College of Osteopathic Medicine (OU-HCOM), pretty much sums it up — in a chicken-and-egg kind of way.

Chicken: Do osteopathic physicians need to keep up with changing health care issues?

Egg: Are osteopathic physicians changing the face of health care?

Yes.

And yes.

Either way, osteopathic physicians can — and should — be at the forefront.

Robert L. Hunter, DO, of Dayton and OOA's newly installed president, said the Symposium brought osteopathic physicians together for the goal of

advancing patient health.

"From the dermatology workshop, which involved case presentations with group discussion, to the *Honoring Our Veterans* session, which ended with a keynote by Principal Deputy Assistant Secretary for Health Affairs and Deputy Chief Medical Office of the Department of Homeland Security, Dr. JD Polk, the Symposium was transformational in leading attendees to new levels of education," Hunter said.

More than 40 information-packed

sessions of new education, in fact, with 32.5 hours of AOA Category 1-A Continuing Medical Education (CME) available.

Nearly a full day was dedicated to the topic of veterans' health care. Add in an evening awards reception, an address by American Osteopathic Association President-elect Norman E. Vinn, DO, a networking and mentor reception, and concurrent sessions covering different specialties and topics, such as EMR, diabetes, PCMH,



+ DONORS AND EXHIBITORS

Thanks and appreciation to all Symposium exhibitors. Their support enhanced the quality of the program.

The Exhibit Judging Committee of John C. Biery, DO; Melinda E. Ford, DO; and Sharon L. George, DO, evaluated the 51 displays and determined three winning vendors: Cleveland HeartLab, Otsuka America Pharmaceutical, Inc., and Valeritas, Inc.

Physicians who visited the trade show and obtained exhibitors' signatures were entered into a drawing for cash prizes. The winners were Renee Sartain, DO, of Columbus; Robert J. Marx, DO, of Youngstown; and Elliot L. Neufeld, DO, of Columbus.

Special Contributions

Grandview Medical Center

Exhibitors

AbbVie
AgillT
American Express
Advocates for the Ohio Osteopathic Association
Astellas Pharma US, Inc.
AstraZeneca
Auxilium Pharmaceuticals
Boehringer-Ingelheim
Central Ohio Diabetes Association
CGS

Cleveland HeartLab - Best Overall Exhibit Award

Dermpath Diagnostics
Eisai, Inc.
Eli Lilly
Forest Pharmaceuticals, Inc.
Great Lakes Publishing
Health Policy Fellowship
HealthSource of Ohio
Janssen Pharmaceuticals, Inc.
Kowa Pharmaceuticals America, Inc.
LabCorp
Lima Memorial Health System
Meda Pharmaceuticals
Merck & Co., Inc.
MicroDose Sales, LLC

Millennium Laboratories
National Center for the Analysis of Healthcare Data
Novo Nordisk, Inc.
Ohio Air National Guard
Ohio Association of Community Health Centers
Ohio KePRO
Ohio National Guard Community Outreach Office
Ohio Physicians Health Program
OHIP-CliniSync
OOA Insurance Agency
Optimer Pharmaceuticals
OrthoNeuro
Otsuka America Pharmaceutical, Inc. - Most Educational Exhibit
Purdue Pharma LP
Sanofi Diabetes
St. Joseph's Hospice
State Medical Board of Ohio
Sunovion Pharmaceuticals, Inc.
Takeda Pharmaceuticals America, Inc.
The Diabetes Institute at Ohio University
Turning Technologies
United Allergy Services
Valeritas, Inc. - Judges Choice Award
Vitas Innovative Hospice Care
Vivus
Women's International Pharmacy

emergency medicine, geriatrics and addiction medicine, and it's easy to see why this year's attendance surpassed previous years.

Veterans' Health Care in a Civilian World

The focus on veterans, said Program Co-Chair Paul T. Scheatzle, DO, of Massillon, is recognition that veteran care goes beyond the VA.

"After 12 years of war, there are many, many veterans living among us," he said, "and the VA can't handle all of them. A lot of the issues veterans are dealing with are what we're good at, so it's natural for us to talk about veteran medicine as a community of

osteopathic physicians."

And so Friday's opening sessions, a collaboration between OU-HCOM, CHEAO/Area Health Education Center (AHEC) and the OOA, did just that.

As part of the National AHEC Organization's nationwide effort to mobilize networks to educate civilian health professionals about deployment-related health issues, the Symposium offered one of the largest CME programs devoted to veterans' health in the country. (At present, the Symposium accounted for 5 percent of the total national AHEC goal.)

Speaking on the topic of supporting veterans and their families, Colonel Matthew Moorman, MD, state air surgeon for the Ohio Air National

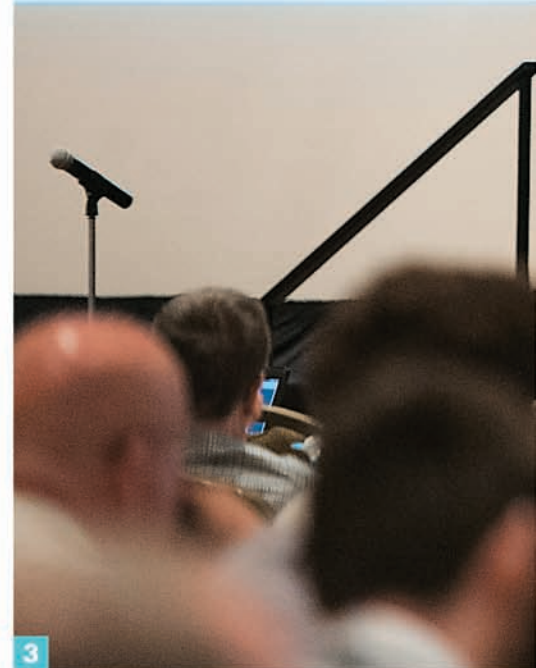
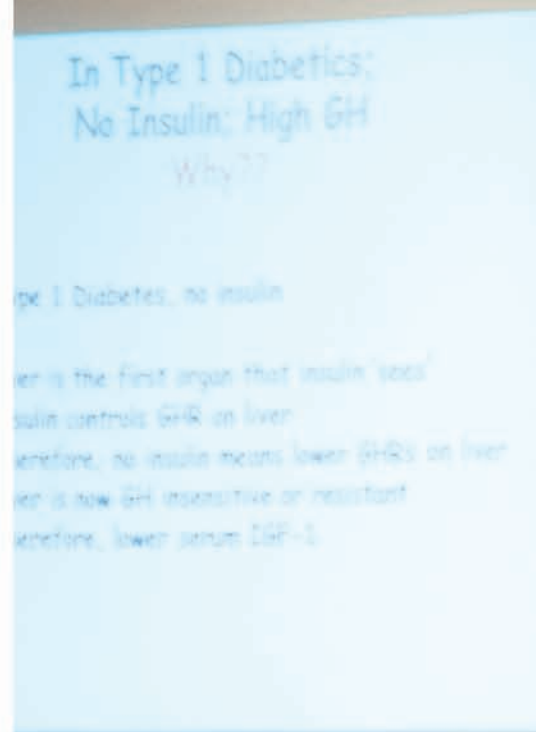
Guard, said: "Never before have we generated such a diverse group of people for so long. Our VA system cannot take care of them forever, and so these patients end up on our doorstep. We need to recognize and respond to that."

Moorman said the problems facing veterans go beyond wartime trauma.

"These veterans have unique problems that we simply haven't thought about enough," he said, referring to IED explosions that result in amputations and unprecedented genital injuries.

"More difficult are the 'signature wounds,' the non-bloody traumatic brain injuries, PTSD and major

CONTINUED ON PAGE 8



1. Award winners Jane T. Balbo, DO; Kristen Conrad-Schnet, DO; Ashley B. Simpson, DO; and Kimberly N. Jackson, DO. For more information about their honors and all award recipients, see page 12.

2. Attendees broke into small groups during a special Dermatology workshop that kicked off the Symposium. Workshop Speaker Shannon Campbell Trotter, DO, (center) leads the discussion.

3. John J. Kopchick, PhD, presents an "Interdisciplinary Approach to Diabetes Care for the Primary Care Physician." He and colleagues from the newly-formed Diabetes Institute at Ohio University presented three sessions designed to provide the latest tools for diabetes management.

4. A special reception on Saturday evening included a networking activity to link students and attendings. Here, Edward W. Schreck, DO, of Athens, talks with a student.

5. Richard J. Snow, DO (left) and AOA President-Elect Norman E. Vinn, DO.

6. OU-HCOM Students Brian Huff (right), who is in the Air Force, and Michael Aguilar, a member of the US Army, attend the Veterans Medicine portion of the Symposium. They belong to the Student Association of Military Osteopathic Physicians and Surgeons, which distributed dog tags engraved with "DOs who Care for Those who Serve," during the luncheon that day.







A networking game during the “Careers In Osteopathic Medicine” reception gives physicians and medical students an opportunity to mingle in a casual setting.

CONTINUED FROM PAGE 5

depression,” Moorman continued. “And the real bad news is military suicides, most of which are not happening over there in a tent but right here on the home front. This is a call to action to our entire health care system.”

In addition to Moorman, other physicians, both active military and veteran military, spoke on the issue, revealing these common themes:

- Veteran health care is now at epidemic levels.
- There’s a chasm between the veteran’s way of thinking and the civilian population’s, impacting when, how or if they’ll seek care.
- Obvious wounds are not the only wounds.
- Trust is required in order for veterans to open up to their physicians.
- Veteran’s families also are impacted with issues ranging from insurance to stress.

Leading Osteopathically

Continuing the focus on veterans’ health and extending it to leadership

during his keynote, Polk urged physicians to lead as they practice — holistically.

“We need to take a 360-degree view of health care and leadership,” he said. “Our osteopathic training is a bias, so it takes stepping outside ourselves. It takes practice to open your aperture on your reference frame.”

Polk went on to say that osteopathic physicians have a unique opportunity to meet health care’s inflection point, the point at which something changes.

“If you’re not paying attention to the inflection point, it’s very dangerous and you can go the way of the dodo. But we can lead the health care profession again,” he said. “In medicine, we have several disruptive innovations coming. There’s a huge need for primary care physicians, and who has them? We do. Who has the most? We do. We are in great pole position to meet the need, putting us in a driver’s seat we’ve never been in before.”

Polk went on to urge the osteopathic profession to catch up in the area of specialties and to reclaim health care authority from those outside the medical profession.



Excellence in Education, Speakers Provide Big Draw

Polk is just one example of the nationally renowned speakers on the podium that draw osteopathic physicians from across the state and throughout region to attend the annual Symposium, Scheatzle said.

“The other reason is that this is our osteopathic home,” he said. “This is what binds us together. The Symposium is the forum for our connection.”

And next year’s Symposium, which will return to the Hilton Columbus Easton, promises more of the same.

“It’s been a great location and venue for us,” said Scheatzle. “Of course, we thank our generous sponsors, as well as the more than 800 physicians, speakers, exhibitors, medical students, poster presenters, and guests.”

The 2014 Symposium is set for April 23–27. #

“ We need to take a 360-degree view of health care and leadership. Our osteopathic training is a bias, so it takes stepping outside ourselves. It takes practice to open your aperture on your reference frame. ”

– JD Polk, DO
Principal Deputy Assistant Secretary and Deputy Chief Medical Officer
US Department of Homeland Security



Nine of the physicians who were inducted into the new OOA Mentor Hall of Fame attend the Saturday evening reception in their honor (l-r): Geraldine N. Urse, DO; John R. Alway, DO; Constance P. Cashen, DO; David L. Tolentino, DO; Gregory P. Bloxdorf, DO; Philip A. (Duke) Starr III, DO; Shannon Campbell Trotter, DO; Richard M. Garwood, DO; and Ronald J. Russ, DO. See page 14 for the complete list of HOF inductees.

Remember Why You Became a Doctor?



**Discover Your Rewarding Career
With A Community Health Center**



Contact Jennifer Higgins
Director of Workforce Development
Email: jhiggins@ohiochc.org |
Phone: 1.888.884.3101
Or visit the Career Center at www.ohiochc.org

Medical Opportunities in Ohio (MOO)

MOO serves hospitals and private practices in Ohio with a nonprofit recruitment program. MOO is designed to connect Physicians, Physician Assistants and Nurse Practitioners with jobs in Ohio.

- Employers connect directly with interested candidates
- Job seekers register for **FREE**
- Over 85 specialties represented

**Contact us to learn how MOO
can work for you!**



800-479-1666

ohMOO.org



1. Nicklaus J. Hess, DO, a Family Medicine resident, participates in the OMM workshop.

2. The OOA House of Delegates, led by Speaker John F. Uslick, DO, and Vice-Speaker Stuart B. Chesky, DO, conducts its annual business meeting, May 17-18, during the Symposium. Delegates elected officers, debated 14 resolutions, and adopted five new policy positions.

3. Robert L. Hunter, DO, tries out his new coal miner hard hat, a gift from John F. Ramey, DO (left). It is a long-standing OOA tradition for the outgoing president to present his successor with headgear.

4. A color guard from VFW Post #9473 in Reynoldsburg, Ohio, opens the Friday morning session devoted to Veterans Medicine. Soloist Barbara Wills sang the national anthem.

“ ... this is our osteopathic home. This is what binds us together. The Symposium is the forum for our connection.

– Paul T. Scheatzle, DO
 Vice President, Ohio Osteopathic Association





Honoring Your Osteopathic Peers

Ohio DOs are doing incredible work for the profession and in their communities—and their accomplishments were recognized during the Ohio Osteopathic Symposium.

The Ohio Osteopathic Association (OOA), Ohio University Heritage College of Osteopathic Medicine (OU-HCOM), Ohio State Society of the American College of Osteopathic Family Physicians (Ohio ACOFP), and Advocates for the Ohio Osteopathic Association (AOOA) presented their highest honors throughout the Symposium.

Congratulations to all of these remarkable individuals who have demonstrated commitment to quality health care and dedication to the osteopathic profession.

Life Members, Class of 2013

David C. Ashcraft, DO, Marietta
John E. Barb, DO, Vermilion
John R. Bowling, DO, Texas
John V. Cady, DO, Chesterland
Stuart B. Chesky, DO, Florida
Dean L. Colwell, DO, Hilliard
James M. Essad, DO, Canfield
Abigail H. Faerber, DO, Florida
Bernard J. Fox, DO, North Carolina
Richard L. Fuller, DO, Canton
David P. Herr, DO, West Union
J. Paul Martz, DO, Tennessee
Nick J. Mulchin, DO, Bellevue
William G. Paloski, DO, Canfield
Samuel J. Pipes, DO, Warren
John E. Ratliff, DO, Columbus
Earl R. Staddon, DO, Union
Ned A. Underwood, DO, Warren
Aivars Vitols, DO, Centerville
George W. Vogelgesang, DO, Canton
Charles G. Vonder Embse, DO, Columbus

Harold Clay Thompson III, DO



Athens
OOA Distinguished Service Award
Was the "voice" of osteopathic medicine for a domestic and international audience.

Longest serving host of *Family Health*, providing daily health program focusing on osteopathic medicine.

Reached 11 million listeners in the US and abroad.

Past director of the Center of Excellence in Multicultural Medicine.

Worked with disadvantaged and under-represented minority students.

William J. Burke, DO



Columbus
OOA Trustees Award
Dedicated to the profession and to educating a future generation of DOs.

Multiple trips to China to develop the primary care system of health care.

Respected leader in the profession and in his community.

American Osteopathic Association board trustee, past president of Ohio ACOFP and Columbus Osteopathic Association, past chair of Ohio University Alumni Association and OU-HCOM Society of Alumni & Friends.

Geraldine N. Urse, DO



Columbus
OOA, Osteopathic Heritage Foundations George L. Eckert, Jr., DO, Mentor of the Year
Inspires residents and students.

Willing listener who provides encouragement and treats residents and students like family.

Kind-hearted and professional yet voices her opinion and is a true advocate for osteopathic medical education.

Always thinking of new ideas to engage residents to help them become the best physicians they can be.

James R. Castle



Columbus
OOA Meritorious Service Award
Former CEO of Ohio Hospital Association.

Friend of the osteopathic profession and worked collaboratively with the OOA.

Health policy authority for 23 years and facilitated innovative strategies to improve the health of all Ohioans.

Leader for quality improvement projects and patient safety initiatives.

Paige S. Gutheil Henderson, DO



Columbus
OU-HCOM Distinguished Service Award
Serves on Ohio University Alumni Association Board of Directors.

Ensures OU-HCOM inclusion in University-wide events and keeps the University community aware of programs and initiatives taking place within OU-HCOM.

Helps inform and encourage OU-HCOM students to explore careers in osteopathic medicine.

Supports OU-HCOM and the Alumni Association through alumni chapters, clubs, societies and other organizations

John A. "Jack" Brose, DO



Athens
OOA, Osteopathic Heritage Foundations JO Watson, DO, Memorial Lecture Award
Strong leadership as OU-HCOM dean for 11 years.

Guided the College to tremendous growth and statewide prominence.
Began the work to establish two new extension campuses in cooperation with Cleveland Clinic and OhioHealth.

Kristen Conrad-Schnetz, DO



Cleveland
OU-HCOM Recent Graduate Award
Fourth year surgical resident at South Pointe Hospital.

South Pointe's Resident of the Year.
Actively involved in training osteopathic medical students.
A role model for others interested in medicine.
One of the lead physicians in organizing humanitarian mission trips to Guatemala for several years.

Lori E. Gill Grennan, DO



posthumously
Columbus
OOA M. Bridget Wagner, DO, Humanitarian Award
Dedicated time and energy to benefit cancer research.

Raised more than \$100,000 for inflammatory breast cancer research.
Coordinated events and activities to raise awareness for IBC, a rare type of cancer.
Bravely fought an aggressive disease while unselfishly giving of herself.

Ashley B. Simpson, DO



Warrensville Heights
AOOA Osteopathic Spirit Award
Outstanding dedication and spirited passion for osteopathic medicine.

Goes the extra mile.
Volunteers as mentor to pre-med students.
Participated in Medical Mission to Guatemala.
Serves on OU-HCOM Society of Alumni & Friends Board of Directors.

George Thomas, DO



Cleveland
Ohio ACOFP Distinguished Service Award
Leader in the local, state, and national osteopathic profession for more than 30 years.

Strong and vocal advocate for osteopathic family medicine.
Strong commitment to quality in patient care.
Past president of AOA, OOA, and Cleveland Academy of Osteopathic Medicine.

Jane T. Balbo, DO



Athens
Ohio ACOFP Young Family Physician of the Year
Role model for osteopathic medical students.

Passionate about teaching and currently developing curriculum, evaluation tools and teaching activities at OU-HCOM.
Leader in lesbian, gay, bisexual and transgender (LGBT) health.
Frequent speaker for community, school, and civic events.

Richard M. Garwood, DO



Cleveland
Ohio ACOFP Family Physician of the Year
Dedicated to the profession and his patients.

Role model for Family Medicine residents.
Mentor to residents and new physicians in practice.
Active in his community as volunteer team physician and ambassador for adolescent health program.
Compassionate, caring attitude towards residents, colleagues, staff, patients, and others.

Kimberly N. Jackson, DO



Warren
Ohio ACOFP Family Practice Resident of the Year
Lifelong commitment to education of herself and others.

Helped restructure the Residency curriculum at St. Joseph Medical Center.
Recruits osteopathic medical students to Family Medicine.
Many volunteer projects, including Habitat for Humanity, at nursing homes, church, and as a mentor to minority undergraduates.
Research project in Kenya placed second in national competition.

18 Physicians Inducted into OOA Mentor Hall of Fame

Since the inception of the George L. Eckert, Jr, DO, Mentor of the Year Award in 2011, the OOA has received 18 outstanding nominations for the honor. This year, the Board of Trustees established the OOA Mentor Hall of Fame to recognize all of these worthy nominees.

These physicians have invested time and energy to help students and residents reach their full potential. They are working with the future generation of osteopathic physicians so they may become active, practicing, quality members of the medical community.



John R. Alway, DO
Dayton
Otolaryngology
– Facial Plastic
Surgery



Gregory P. Bloxdorf, DO
Cleveland
Family Medicine



Joni S. Canby, DO
*2011 Mentor
of the Year*
Youngstown
Obstetrics &
Gynecology



Constance P. Cashen, DO
Toledo
General Surgery



Richard M. Garwood, DO
Cleveland
Family Medicine



Bryan T. Grischow, DO
Columbus
General Surgery



Dennis E. Kane, DO
Cleveland
Anesthesiology



Louis D. Leone, DO
Chardon
Family Medicine/
Sports Medicine



Andrew C. Liu, DO
Cleveland
Pulmonology/
Critical Care



Eric E. Mast, DO
Sandusky
Family Medicine



Ronald J. Russ, DO
Hudson
Family Medicine



Dawn L. Sammons, DO
Athens
Dermatology



**Philip A. "Duke"
Starr III, DO**
*2012 Mentor
of the Year*
Warren
Family Medicine



David L. Tolentino, DO
Cleveland
Family Medicine



**Shannon
Campbell
Trotter, DO**
Columbus
Dermatology



Geraldine N. Urse, DO
*2013 Mentor
of the Year*
Columbus
Family Medicine



Michael J. Valle, DO
Centerville
Neurology



Charles E. Wilkins, MD
Youngstown
Internal Medicine/
Geriatrics

Researchers Win Awards

Ohio ACOFP recognized three Family Medicine residents who won the 2013 Residency Paper Competition. Jointly sponsored by Ohio ACOFP and the CORE Family Practice residency directors, the competition carries cash prizes. This year's funding was made possible through a grant from Grandview Foundation of Dayton. The winning papers were: *OMT for Hospice Patients* by Leslie Ching, DO (Doctors

Hospital, Columbus); *Advanced Endometrial Carcinoma* by Elizabeth Gomes, DO (Firelands Regional Medical Center, Sandusky); and *Autism Spectrum Disorder* by Theresa R. Sheridan, DO (St. Joseph Health Center, Warren).

The annual poster contest at the Ohio Osteopathic Symposium drew 92 entries, the most ever for the Regional Poster Exhibition & Competition.

Originally started in 2003 as a statewide competition, the poster contest marked its third year as a

regional event with participants from five states: Ohio, West Virginia, Illinois, Pennsylvania and Washington.

Competition was open to osteopathic residents, interns and medical students. Research posters were judged in two categories: clinical/biomedical and case reports. Faculty, osteopathic physicians and other medical educators exhibited 11 research posters, but were ineligible to compete.

The winners were Molly McGraw, DO (Grandview Medical Center,

Dayton) for *Biomechanical Evaluation of the Docking Plus Ulnar Collateral Ligament Reconstruction Technique compared to the Docking Technique*; Erich Heine, OMS II (OU-HCOM) for *Increased Macrophage Infiltration and NFκB Activity in Diabetic SKO Mouse Kidneys*; John Idoine, DO (Doctors Hospital, Columbus) for *Proximal Biceps Tenodesis: A Cadaveric Study of Open and Arthroscopic Surgical Techniques*; Chance Spalding, DO (Doctors Hospital, Columbus) for *Mild Traumatic Brain Injury: Decision Making in the Trauma Bay*; Christopher Kieliszak, DO (Adena Regional Medical Center, Chillicothe) for *In-Office Balloon Dilatation of Frontal Recess via Trephination*; and Ross Brubaker, OMS III (West Virginia School of Medicine) for *Treating OSSN with Topical Methotrexate: A Novel Approach*.

Ford Installed as Ohio ACOFP President

Melinda E. Ford, DO, of Athens, was installed as Ohio ACOFP president, May 15, during the organization's annual meeting at the Symposium. ACOFP President Jeffrey S. Grove, DO,

of Florida, conducted the ceremony. She will serve a one-year term.

Ford has been active within the osteopathic professional leadership since 2003 when she was selected to serve on the Ohio ACOFP Board of Governors as the resident representative. She has been an important voice on the Board ever since and has held every officer position.

In addition, she serves the OOA and has been instrumental as president of the Marietta-Athens District Academy of Osteopathic Medicine. She is also OOA Small Academy whip, chair of the Young Physicians' Committee, and a delegate to the OOA House of Delegates.

At the national level, she has served as an Ohio delegate to the ACOFP Congress of Delegates for the past 10 years. She chairs the ACOFP Public Relations Committee and led efforts for a traumatic brain injury awareness project. She also served on the Young Physicians Committee where she worked on OMM curriculum for ACGME returning residents.



Ohio ACOFP President Douglas W. Harley, DO (left), and ACOFP President Jeffrey S. Grove, DO, of Florida.

Ford, a graduate of Kirksville COM, is assistant professor of Family Medicine at OU-HCOM and is affiliated with University Medical Associates in Athens.

Good Medicine Has Its Rewards: \$287 Million

9%
dividend for
Ohio
members
in 2013*

We have returned \$287 million to our members through our dividend program.

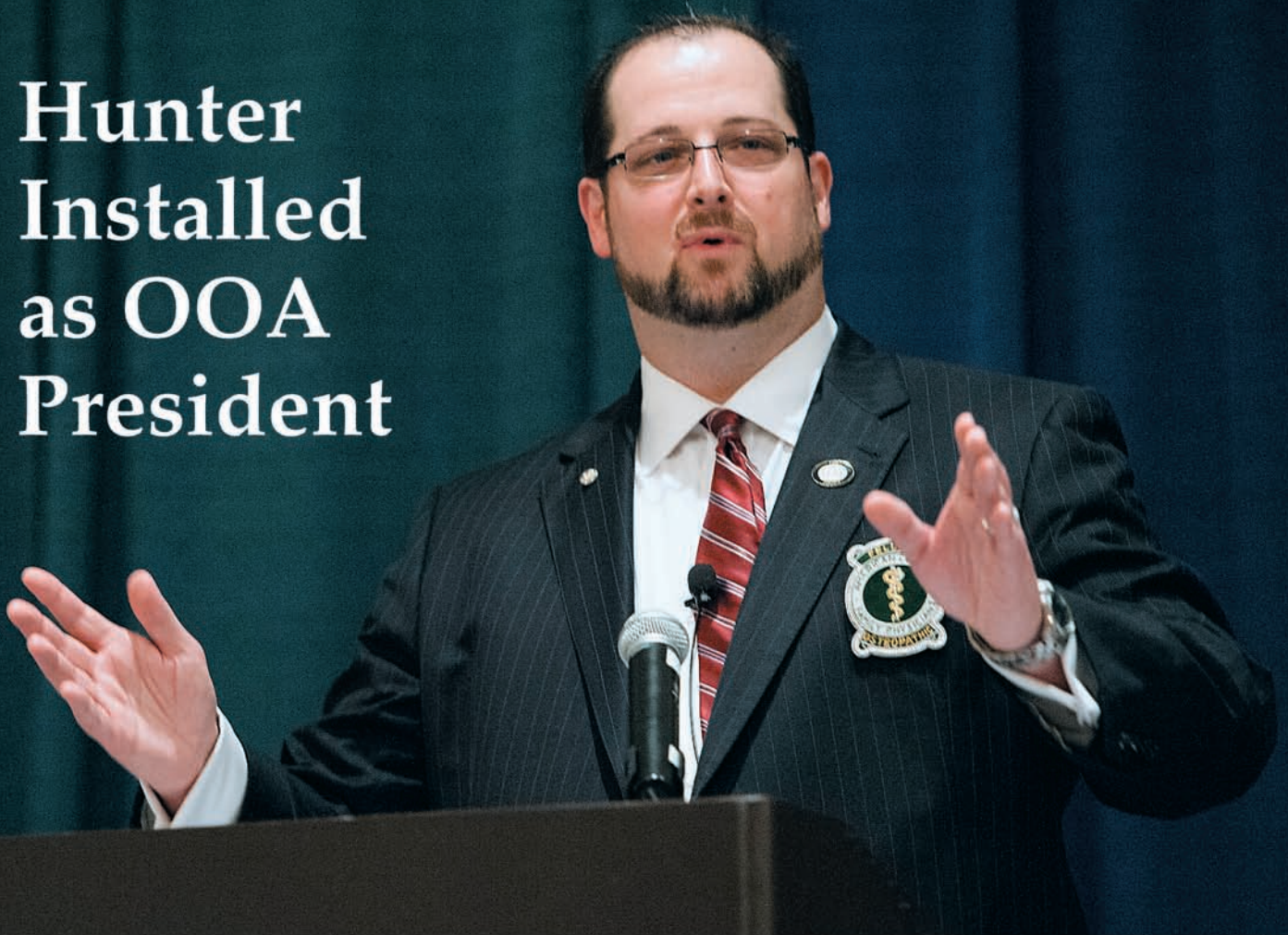
The 2013 dividend is made possible by the excellent claims experience of our members in Ohio. As a leading carrier in the state for more than two decades, The Doctors Company is strong. This strength allows us to deliver on our promise to defend, protect, and reward the practice of good medicine.

To learn more about The Doctors Company's medical malpractice insurance program in Ohio, including the member dividend, call our Columbus office at (800) 666-6442 or visit www.thedoctors.com.

*Applies to eligible members.

 THE DOCTORS COMPANY
www.thedoctors.com

Hunter Installed as OOA President



Robert L. Hunter, DO, of Beavercreek, was installed as 2013-2014 president of the OOA during a special ceremony and luncheon, May 18, in Columbus during the Ohio Osteopathic Symposium. He is the 107th president of the organization.

A leader in the Ohio profession, he is a past president of the Ohio State Society of the American College of Family Physicians (Ohio ACOFP) and Dayton District Academy of Osteopathic Medicine, serves as co-chair of the Ohio Osteopathic Political Action Committee, and chairs the


State of Ohio Medicaid Pharmacy and Therapeutics Committee. Additionally, he serves on the ACOFP Federal Legislative Committee, ACOEP EMS Committee, and Emergency Medicine Certification Commission of Health Information Technology.

Hunter has a strong interest in public affairs and life-long learning. He is an expert in health policy and completed the prestigious Osteopathic Health Policy Fellowship in 2010. He holds the fellow designation from ACOFP and ACOEP.

A native of West Virginia, Hunter graduated from West Virginia School of Osteopathic Medicine in 1997 and then completed his internship and residency at Grandview Medical Center, where he has served in leadership

roles including member at-large of the Medical Staff Executive Committee, member of the Credentials Committee, and chair of the Family Practice department. Before matriculating to medical school, Hunter worked as a coal miner.

Board-certified in family and emergency medicine, he practices at Buckeye Family Practice in Huber Heights and maintains hospital affiliations with Kettering Medical Center, Grandview, Southview, Sycamore, Good Samaritan and Children's Medical Center. He is also associate medical director at VITAS Innovative Hospice Care of Dayton and affiliated with CareSource Management.

As OOA president, he will lead the association founded in 1898 and advocate for Ohio's 4,700 DOs, 23 health care facilities accredited by AOA Healthcare Facilities Accreditation Program, and Ohio University Heritage College of Osteopathic Medicine. 



DOs Set Health Policy at Annual House of Delegates

DOs from across Ohio convened May 17-18, 2013, at the Hilton at Easton Town Center in Columbus for the OOA House of Delegates where they elected officers, conducted association business, and adopted policy positions that affect the state's health care delivery system. The annual meeting was held in conjunction with the Ohio Osteopathic Symposium.

Delegates debated 14 resolutions and adopted five new policy statements regarding gun control; insurance participation; engaging osteopathic physicians as preceptors; social media guidelines; and the dangers of energy drinks. Four resolutions were sent to the AOA House of Delegates for national consideration: *Implementation of Social Media Guidelines*, *Energy Drink Dangers*, *Protection of the Doctor-Patient Relationship as Related to Proposed Gun Control Laws*, and *Maintaining Insurance Participation Choice among Physicians*.

During the Symposium, Robert L. Hunter, DO, of Beavercreek, was installed as OOA president for 2013-2014 and the following slate of officers was unanimously approved by delegates: President-elect Paul T. Scheatzle, DO, of Canton; Vice President Robert W. Hostoffer, Jr., DO, of Cleveland; and Treasurer Geraldine N. Urse, DO, of Columbus.

Speaker of the House John F. Uslick, DO, of Canton, and Vice Speaker Stuart B. Chesky, DO, of Vermilion, who announced his retirement from the position, presided over the meeting. Uslick was re-elected to another term and David A. Bitonte, DO, of Canton, was elected vice speaker.

The House also elected E. Lee Foster, DO, of Cortland, and Sharon L. George, DO, of Warren, to the Ohio Osteopathic

Foundation Board of Trustees and voted for a full slate of physicians to represent Ohio at the AOA House of Delegates.

AOA President-elect Norman E. Vinn, DO, of California, and AOA Executive Director John B. Crosby, JD, were in attendance and provided updates about national activities.

Two committees met on the first day of the House session to evaluate each resolution and conduct a five-year review of existing policies. Committee chairs then provided a report the following day to the entire House. Geraldine N. Urse, DO, of Columbus, chaired the Professional Affairs Committee and the following served on the panel with her: Sandra L. Cook, DO; Melinda E. Ford, DO; Sharon L. George, DO; Roberta J. Guibord, DO; Jennifer J. Hauler, DO; Charles D. Milligan, DO; and Cheryl Markino. The Public Affairs Committee was led by James A. Schoen, DO, of Dayton, and the following served on the committee: John C. Biery, DO; Andrew P. Eilerman, DO; Kristopher L. Lindbloom, DO; Ronobir R. Mallick, DO; Daniel J. Raub, DO; John J. Vargo, DO; and Carol Tatman. David D. Goldberg, DO, of Dayton, chaired the Credentials Committee.

OOA's outgoing president John F. Ramey, DO, provided a review of the year. He used the GREAT acronym to note the association's accomplishments regarding governance, research, education, advocacy, and teamwork/family.

"It's a GREAT time to be an Ohio DO," Ramey declared. "We have the first osteopathic physician to ever serve in the Ohio General Assembly; we're opening new branch campuses in Columbus and Cleveland; the OOA is a respected voice in Ohio health care; and

the profession is well-positioned for the central role primary care is playing in health care reform."

He said those aren't the only reasons, and listed several more including the increased number of DOs in Ohio; the state's independent osteopathic foundations that are a beacon of educational and charitable support; OU-HCOM's national prominence; the OOA and OU-HCOM collaboration on osteopathic CME; a strong research culture within the state; and the Centers for Osteopathic Research and Education position as a national model for OPTIs.

Ramey recognized Peter A. Bell, DO, of Columbus, with a Presidential Proclamation citing his advocacy work related to DO Day on the Hill.

Ohio Osteopathic Political Action Committee Co-Chairs Robert L. Hunter, DO, and Robert S. Juhasz, DO, announced results of the annual OOPAC District Challenge: Columbus Osteopathic Association (District 6) won first place for total giving and Sandusky Academy (District 5) was first in average giving per member.

Delegates also heard about the OOA's new Practice Solutions Program, health workforce statistics developed by the National Center of the Analyses of Healthcare Data at Edward Via Virginia College of Osteopathic Medicine, AOOA activities from President Mary Schreck, and the work of the State Medical Board of Ohio from President Anita M. Steinbergh, DO.

The 2014 House of Delegates is set for April 25-26 in Columbus.

For more information and the complete text of each resolution, go to the Members Only section at www.oaanet.org.

“ ... we're opening new branch campuses in Columbus and Cleveland; the OOA is a respected voice in Ohio health care; and the profession is well-positioned for the central role primary care is playing in health care reform.

— John F. Ramey, DO
President, Ohio Osteopathic Association ”





Concussions Cause Confusion Among Medical Professionals

State legislation and progression protocol aim at clearing misunderstandings

By Jan O'Daniel

If you've seen one concussion, you've seen one concussion," said Jason P. Dapore, DO, of Columbus, during his 2013 Symposium talk, *Friday Night Lights: Managing Concussions On and Off the Field*.

The point? Like patients, each concussion is unique.

Yet in spite of increased national awareness, new test availability and protective legislation, Dapore said the topic of concussions continues to confuse — though unnecessarily so.

"Your relationship with your athlete and your clinical skills make the diagnosis," he said. "The SCAT (standardized concussion assessment tool) scale is a great check-off tool and helpful to check progression, but

we're looking for symptoms to reduce. Our biggest concern as we elevate the importance of concussion is that these are first and foremost head injuries. Make sure it's 'just a concussion' and not something else."

And that, Dapore said, comes from physician-directed, individualized treatment and return-to-play progression.

The concept of progression is one that Dapore first learned of as a medical student. And then later during weekly fellowship lectures with John Lombardo, MD, at The Ohio State University College of Medicine.

"Lombardo's approach was to rest the patient until asymptomatic and then move to a three- to five-day progression," he said.

CONTINUED ON PAGE 20

CONTINUED FROM PAGE 19

More than a decade later, that's how Dapore, a team physician for the NHL's Columbus Blue Jackets, manages concussion.

"While there's been different research, recommendations and tools over the years," he said, "what's not changed is the foundation of management. Resting and progressing is the right way."

As for concussion, Dapore said obvious injuries are easy to recognize, such as a downed athlete that is unconscious, dazed or confused. Less obvious is a goalie ball headache in a soccer player.

"They think the headache is normal," he said, "but it's not. Anytime an athlete gets hit and experiences symptoms, they need to talk to a coach, athletic physician and their parents."

Dapore said getting in front of athletes in preseason and discussing the risks is crucial, which is why preseason education is part of the state's new return-to-play (RTP) law.

While drafting the law last year, state legislators heard from OU-HCOM Student Simon R. Fraser, OMS II, who formerly played professional football with the Cleveland Browns and Atlanta Falcons. Fraser testified before the Ohio Senate Health, Human Services & Aging Committee on behalf of the OOA.

"Concussions are the toughest injury to treat—not only is it difficult to determine how serious the injury is, but medical personnel also have to deal with stubborn athletes," he said. "A lot of athletes, including myself at times, would do whatever it took to get back out on the field."

Dapore said in general, the rule is to get student-athletes back to play as quickly as possible — but not before it's safe.

"We have not pinned down the pathophysiology of acceleration and deceleration," he said. "It's not the front-on hit, but the unsuspecting side hits that cause angular rotation. And it's the rotation of the brain inside the skull that does the damage. That's why there will never be a concussion-proof helmet. Unfortunately, as the gear improves, so does the athlete's ability to take risk."

There are, however, precautions that athletes can take to help, including staying hydrated, getting good sleep and maintaining body weight. From a medical standpoint,



RETURN TO PLAY

Effective April 26, 2013, Ohio enacted a statewide concussion law, known as return-to-play or RTP (ORC 3313.539 and ORC 3314.03). It imposes stricter training, safety and awareness requirements on youth sports organizations, coaches, referees, players and their families.

"Ohio's Osteopathic physicians are now called upon to provide written clearance for RTP," said Dapore. "The law standardizes what we feel are best practices related to the care of concussed athletes."

Here Dapore shares what Ohio's osteopathic physicians need to know:

- Physicians will continue to take the lead in diagnosing concussions and managing head injuries.
- Although helping guide RTP, athletic trainers and other allied health professionals must collaborate with treating physicians.
- Physicians will be expected to provide written clearance for RTP.
- Physicians are charged with ensuring that a medically supervised and individualized RTP protocol is carried out for concussed athletes.

For more information, visit www.healthyohiprogram.org/concussion.

Dapore said one of the most important is prompt removal of the athlete from play, and then talking with him or her about what happened and how they're feeling.

First he gauges symptoms, then he does a neuro exam. He monitors the athlete to make sure the athlete's symptoms are improving and that the trend is moving in a positive direction.

"Repeated injury is the biggest risk," said Dapore, "so it's important to protect the athlete from further contact. Make a decision and stand firm. Be unwavering, yet reassuring. Any anxiety they have about missing schoolwork, assignments, tests, that's my fault. I need to communicate the expectations to the guidance counselor, teachers, parents, etc. I only get them back to the field after they are 100 percent symptom free. This is a very, very important safety net."

Fortunately, said Dapore, 9 out of 10 times, concussive injuries get better on

their own, with most student-athletes recovering in seven to 10 days.

If that doesn't happen, he tells osteopathic physicians to look for other post-concussion symptoms:

- depression
- poor school performance
- persistent symptoms
- headaches or migraines

If any of these symptoms present for longer than six to eight weeks, Dapore advised consulting the multidisciplinary team, which can include neurologists, neuropsychologists and physical therapists.

"And don't forget your osteopathic training," he said. "Cervical treatments can help since pronounced muscle tension protects the brain. And talk about risks and even retirement. While we don't disqualify somebody, we do let them know what the risks are. The bottom line is if they're not back to school, then they're not back to sports."

OHIO DOs IN THE NEWS

Deaths in the Family

OOA Life Member **Henry J. "Hank" Parcinski, Jr., DO**, of East Liverpool, died April 28, 2013, after a two-year struggle with kidney cancer and interstitial pulmonary fibrosis. He was 71 years old.

Parcinski graduated from Kansas City College of Osteopathic Medicine, completed an internship at Cafaro Memorial Hospital in Youngstown, and served an orthopedic residency at Botsford General Hospital in Michigan.

He practiced in Detroit until 1989 when he accepted a position as staff orthopedic surgeon at East Liverpool City Hospital. He was a fixture at the hospital until medical disability forced him into retirement in 2011. He served as medical staff president, chair of the department of surgery, member of the executive committee, and on the Board of Trustees for four years.

Throughout his life Parcinski was an outdoorsman, and later enjoyed golfing. One of his proudest moments on the golf course was his Memorial Day hole-in-one.

Memorial contributions may be made to the Kidney Cancer Association, PO Box 803338 #38269, Chicago, 60680-3338.

OOA Life Member **Ruth E. Purdy, DO**, of Columbus, died April 2, 2013. She would have been 93 years old this year.

Throughout her career, she was considered a trailblazer — inspiring generations of physicians as a role model and teacher.

She was a pioneer in medicine, entering the field in the 1950s when the profession was dominated by males. She was the first female Internal Medicine resident at Doctors and later became the first female to serve on the hospital Board of Trustees. She worked for almost 70 years at Doctors.

Purdy introduced Columbus to the concept of intensive care units housed in general care hospitals. After a 1960 visit to such a unit in New York, she returned to central Ohio championing the idea to bring an ICU to an adult care facility.

She received many awards throughout her career, including the Oscar John Snyder Memorial Medal from Philadelphia College of Osteopathic Medicine; the James F. Sosnowski, DO, Distinguished Service

Award from Columbus Osteopathic Association; Master Clinical Teacher Award from Ohio University Heritage College of Osteopathic Medicine; OOA Distinguished Service Award; and the American Osteopathic Association's first-ever Mentor of the Year award in 2006.

Memorial contributions may be made to Ohio University Foundation, in honor of Ruth E. Purdy, DO, Scholarship; Central Ohio Diabetes Association; or Osteopathic Heritage Foundations.

Former Speaker of the OOA House of Delegates **Robert S. Seiple, DO**, died May 23, 2013. He was 86 years old.

Seiple was an expert in parliamentary procedure and deftly managed the OOA House for 35 years with humor and authority. He retired from the position in 2008. He also served as vice speaker of the AOA House of Delegates for 15 years, and was a past president of the Columbus Osteopathic Association.

Seiple, who graduated from Kirksville College of Osteopathic Medicine, served in the United States Navy during World War II and practiced medicine in Ohio for more than 40 years.

Active in his community, he was a member of Columbus Vaud-Villities, Dublin Kiwanis, Dublin Community Church, Aladdin Shrine Temple, and other civic groups.

Seiple was an avid pilot and enjoyed woodworking, boating and cooking for his family.

Among his survivors is his wife of 43 years, Donna.

Memorial contributions may be made to Osteopathic Heritage Foundations or Dublin Food Pantry in care of Dublin Community Church.

Physician News

Thomas M. Anderson, DO, received the William I. Linder, DO, Advocate Award at the Columbus Osteopathic Association Annual Meeting, April 17, 2013. The award recognized his service and dedication to the profession and to osteopathic medical education.

Peter A. Bell, DO, received the 2013 James F. Sosnowski, DO, Distinguished Service Award from the Columbus Osteopathic Association. The award, COA's highest honor, recognized Bell's many contributions to the osteopathic

profession locally and statewide.

Leonard H. Calabrese, DO, of Cleveland, received the honorary degree, doctorate of humane letters, from Kansas City University of Medicine and Biosciences' College of Osteopathic Medicine, May 18, during the college's commencement ceremony. A doctorate of humane letters is KCUMB's highest honor.

The Simulation and Education Center at Doctors Hospital in Columbus was re-named and dedicated in honor of **Peter E. Johnston, DO**, who retired last year after 53 years of medical and community service. During his career he personally mentored more than 110 orthopedic residents, numerous medical students, and other allied health professionals.

Judith A. O'Connell, DO, was unanimously elected secretary-treasurer at the annual business meeting of the American Academy of Osteopathy during the organization's annual meeting in Orlando, March 21, 2013. She will serve a three-year term. O'Connell is in private practice in Beavercreek, where she specializes in Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine and pain management.

Luis L. Perez, DO, of Sandusky, was appointed by Gov. John Kasich to serve on the Ohio Physician Loan Repayment Program Advisory Board. The Board is composed of 10 members, including one representative from the OOA and four other provider organizations; four members of the Ohio General Assembly; and one member from the Ohio Department of Health. The OPLRP is designed to recruit and retain primary care physicians for underserved areas.

Tom L. Sefton, DO, of Dayton, received the 2012 Distinguished Service Award from Grandview/Southview Medical Centers. The award recognizes his commitment to growth and academic excellence. He is a family physician who practiced for more than 40 years.

Charles F. Wilcher, Jr., DO, of Vandalia, was honored by Grandview/Southview Medical Centers with a Distinguished Service Award, December 8, 2012. The retired family physician was recognized for his service to the osteopathic profession and to his community. ❦



Buckeye Osteopathic Physician
Ohio Osteopathic Association
53 West Third Avenue
Columbus, Ohio 43201-0130

www.ooanet.org
ADDRESS SERVICE REQUESTED

PERIODICALS POSTAGE
PAID AT COLUMBUS, OHIO

Here's to another 115 years



On December 31, 1898, a small group of Ohio
DOs formed the Ohio Osteopathic Association.
What a way to bring in the new year!

A Distinguished Past...A Dynamic Future