



Osteopathic medicine is a complete system of medical care with the philosophy of treating the whole person, not just symptoms. It emphasizes **the interrelationship of structure and function, and the appreciation of the body's ability to heal itself.**

Osteopathic medicine is **one of the fastest-growing health care professions** in the country; since 1986, the number of DOs has increased by 276 percent. Nationwide, there are more than 102,000 DOs who collectively treat more than 100 million patients annually.

The Ohio Osteopathic Association was founded in 1898. The **mission of the OOA** is to support Ohio's osteopathic physicians in delivering principle-centered medicine and achieve the quadruple aim – *better outcomes, lower cost, improved patient experience, and improved physician experience and well-being.*

There are **4,441 licensed DOs practicing in Ohio**, which is about 13 percent of the state's physician population. Twenty-six percent of Ohio's Family Physicians are DOs. (*State Medical Board of Ohio*)

There are 33 accredited colleges of osteopathic medicine in 31 states. More than 20% of today's medical students are enrolled at osteopathic colleges. Six colleges, including the **Ohio University Heritage College of Osteopathic Medicine (OU-HCOM)**, are publically controlled; 27 are private institutions.

The A.T. Still University School of Osteopathic Medicine in Arizona also has a foothold in Ohio. SOMA has a unique curriculum where all of its clinical education is based at one of twelve community health centers (FQHCs). **HealthSource of Ohio, in Mt. Orab**, is one of those locations.

The **average debt for osteopathic medical students** who graduated in 2016 was \$240,331. To speak out in support of financial aid programs and raise the profile of graduate student debt issues, the profession launched "ED to MED" (edtomed.com) last year.

Osteopathic physicians are more likely to be primary care physicians, provide direct patient care, and practice in rural areas and physician shortage areas. Of Ohio's seven medical schools, OU-HCOM has the **highest percent of graduates who remained in Ohio for residency (71%)** and the highest percentage of graduates who chose Family Medicine as a specialty (26%) Nearly 60 percent of OU-HCOM's Alums practice in Ohio (*Source Ohio Board of Regents*)

## 2016 OHIO COMs MATCH

	OSU	OSU %	WSU	WSU %	U.C.	U.C. %	NEOMED	NEOMED%	UTCOM	UTCOM %	OUCOM	OUCOM%	CWRU	CWRU%
Total Class	182		96		187		129		165		136		196	
Ohio Match	65	36%	45	47%	77	41%	67	52%	52	32%	97	71%	49	25%
Out of State Match	117	64%	51	53%	110	59%	62	48%	113	68%	38	28%	147	75%
IM	43	24%	18	19%	28	15%	24	19%	34	21%	22	16%	46	23%
Med Peds	4	2%	4	4%	7	3%	2	2%	7	4%	0	0%	0	0%
FM	16	9%	10	10%	10	5%	15	12%	17	10%	35	26%	11	6%
PEDS	11	6%	18	19%	29	15%	11	8%	15	9%	10	7%	15	8%
GS	9	5%	4	4%	12	6%	4	3%	8	5%	5	4%	12	6%
ANES.	8	4%	8	8%	13	7%	6	5%	12	7%	6	4%	8	4%
E.M.	14	8%	11	11%	10	5%	9	7%	17	10%	23	17%	13	7%
RAD.	6	3%	2	2%	10	5%	8	6%	4	2%	0	0%	5	3%
OPH.	8	4%	2	2%	4	2%	3	2%	0	0%	1	1%	6	3%
ORT	4	2%	2	2%	4	2%	7	5%	0	0%	3	2%	14	7%
PSYCH	10	5%	6	6%	10	5%	13	10%	11	7%	7	5%	5	3%
OB/GYN	9	5%	4	4%	5	3%	6	5%	6	4%	3	2%	8	4%

Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) was **established in 1975 by the Ohio General Assembly**, which specified the college would train family physicians for underserved areas of the state. Total enrollment for 2016-2017 is 814 medical students on three campuses (Athens, Dublin, Cleveland). In July 2014, OU-HCOM opened a Central Ohio extension

campus in collaboration with **OhioHealth** as the primary training partner on a 14.8 acre site in Dublin. About 200 medical students are now enrolled at the campus. In July 2015, OU-HCOM opened a Northeast Ohio extension campus at **Cleveland Clinic/South Pointe Hospital**, thanks to a \$13.1 million investment from Cleveland Clinic and Brentwood Foundation. One-hundred-fifty students are currently enrolled at the campus.

OU-HCOM research, resulting in the drug **Somavert®**, is responsible for the University ranking first in the state and ninth in the nation in returns on research investment. (*Source Association of University Technology Managers 2014*)

Several free-standing osteopathic foundations have been endowed as the result of the sale of Ohio's original osteopathic hospitals. Since 1999, the largest of these—the Columbus-based **Osteopathic Heritage Foundations**—has approved more than \$230 million for community health projects, medical education, and research. In 2011, OHF awarded \$105 million to OU-HCOM, making it the **largest private donation ever given to a college or university in Ohio and the fourth largest gift ever given to a US medical school**. The gift is being used to:

- Re-engineer primary care medical education with a medical home curriculum focused on rural and urban underserved populations.
- Build a new Ohio Musculoskeletal and Neurological Institute in Athens.
- Build a diabetes clinical research and care center in Athens.
- Provide more student scholarships to encourage practice in Ohio.
- Recruit researchers for diabetes, endocrine and neuromusculoskeletal projects.
- Provide additional free and reduced cost community health programs in rural southeast and urban central Ohio.
- Develop a community based research consortium composed of osteopathic medical schools in the Appalachian region.

In 2008, the **Brentwood Foundation endowed a chair at Cleveland Clinic's main campus** to support osteopathic research and graduate education programs at South Pointe Hospital, Warrensville Heights. The chair is held by Leonard H. Calabrese, DO, who became the first Cleveland Clinic physician to hold two endowed chairs at the same time. Dr. Calabrese's research is focused on "Empathy and Osteopathic Medical Education."

The OOA is one of five founding members of the **Ohio Health Information Partnership (CliniSync)**, which built the infrastructure for Ohio's statewide Health Information Exchange to electronically share and view patient health records. Today, the system serves more than 92 percent of Ohio's 11.1 million residents. ([www.clinisync.org](http://www.clinisync.org))

The osteopathic profession has a long **history of supporting diversity and cultural competency**. The OOA's first woman president was elected in 1935. In 1975, Evelyn Cover, DO, of Columbus, became the first woman ever appointed to the State Medical Board of Ohio (SMBO) and its first female president. Barbara Ross-Lee, DO, became the first African-American woman ever appointed dean of a medical school in the United States when she became dean at Ohio University Heritage College of Osteopathic Medicine. Today, Anita M. Steinbergh, DO, of Westerville, is the osteopathic member of the OSMB.

The **OU-HCOM Physician Diversity Scholars Program** matches first-year Hispanic and African-American students with OhioHealth physicians from similar backgrounds in a series of mentoring activities intended to serve as a gateway to careers with OhioHealth. The four-year program provides a stipend each academic year to cover expenses and a loan repayment program.

The **Ohio State Medical Board's Partners in Professionalism** program is a unique educational collaboration between the OSMB and OU-HCOM. The program instills professionalism and ethics into tomorrow's licensees by incorporating interaction with the Medical Board into the medical school curriculum. It is the only such program in the United States.